



## Hard Hat Measuring Guide

Place soft tape measure around head – start in middle of forehead and wrap around following the path (above ears) of the suspension.

| Make/Model   | Head Size |       | inches | centimeters |
|--|-----------|-------|--------|-------------|
|  | (US)      | (UK)  |        |             |
| MSA VGard Small Starts here!   | 6         | 5 7/8 | 18 3/4 | 48          |
| Lady Liberty & MSA VGard<br>Regular size starts here Hot<br>Pink, Light Pink & Purple too! | 6 1/2     | 6 3/8 | 20 1/4 | 52          |
| International Pink Hard Hat &<br>Bullard Hard Hats start here                              | 6 5/8     | 6 1/2 | 21 1/4 | 53          |
| Old sizing started here!   | 6 3/4     | 6 5/8 | 21 5/8 | 54          |
| Average US Women's Head Size   | 7 1/4     | 7 1/8 | 22 3/4 | 58          |
| Average US Men's Head Size   | 7 3/8     | 7 1/4 | 23 1/4 | 59          |
| Upper End of Sizing  | 8         | 7 7/8 | 25     | 64          |